

TREATMENT REFUSAL QUESTIONNAIRE

By

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TRQ

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HOW TO DO IT:

- When an offender has refused to enter the treatment program, ask him or her if they would be willing to help us by completing a questionnaire so that we may make changes to the program, or other aspects of the institution related to programming, in order make it easier for others to be willing to come into programs.
- Inform them that their participation is voluntary and that their answers will in no way affect their situation. Their responses are, and will remain, completely anonymous and they are not to put their name anywhere on the form. All data will be reported in group format so that it will be impossible to identify any individual who completed a questionnaire.
- Inform them that completing the measure it will give them a chance to give their opinion on why some people do not wish to enter treatment.
- If they agree to complete the TRQ, give them the form and have them complete it. If they would prefer to complete the questionnaire later in private, please give them the form with an envelope and ask them to give it to you, or another trusted staff member, when completed. If they choose to complete the questionnaire later, you will almost certainly have to follow up with them to get the completed form.

WHEN TO DO IT

- Because treatment refusers are likely to be resistant and suspicious, you will need to use your best judgement as to when to ask them to complete the questionnaire. If they seem like they might be receptive, you can ask them as soon as they refuse a place in treatment. If they seem particularly agitated or upset to be asked to participate in treatment that day, it may be best to approach them at a later date. Or, it may also be wise to ask someone who has a good relationship with the offender (e.g., a prison officer on his unit, his parole officer or case manager, work supervisor) to ask him to complete and return the measure.

INTERPRETATION

- The TRQ has not yet been empirically validated. It is based on a review of the psychological and medical literature and a qualitative study by Mann & Webster (2001) on the reasons for refusing treatment. At the current moment the TRQ is intended as a guide for therapists and organizations in order to inform on issues that could reduce resistance and enhance treatment compliance.
- There is currently no total or subscale scoring suggested for the TRQ. Current suggestions for scoring are to use descriptive statistics.
- Assistance with interpretation of the TRQ is available for a nominal fee from Rockwood Psychological Services - data@rockwoodpsyc.com.

WHO CAN I APPLY THE TRQ TO?

- The TRQ was developed for use with sexual offenders however the issues in the TRQ are likely to apply to many forms of group treatment for offending behaviour. Some wording changes may be necessary.

WHO CAN USE THE TRQ

- The TRQ is a free license measure; that is, there is no cost to using the TRQ. You may also alter the measure to suit your needs. However, please use the reference below to cite the measure in any publications or presentations.
- Using the TRQ does not require any particular educational level (e.g., Bachelor, Masters, Ph.D) in any particular discipline (e.g., Psychology, Psychiatry, Social Work). However, knowledge of data analyses and, in particular, psychometrics enhances the ability to interpret the results of the TRQ.
- Rockwood Psychological Services is available to help interpret collected data – email: data@rockwoodpsyc.com

REFERENCE FOR THE TRQ

Marshall, L. E., Mann, R., & Webster, S. (2009). *The Treatment Refusal Questionnaire*. Unpublished Manuscript available from the first author: liam@rockwoodpsyc.com.

Treatment Survey

Thank you for agreeing to complete this survey. Your answers will remain completely private and will in no way affect your current status. All reporting of the information gathered in this survey will be done as a group and will therefore not identify any individual participant. Your answers are extremely helpful to us in helping men who are in a similar situation to you. Please answer all of the questions. If you are unsure about how to answer any question, please respond with the answer that most closely matches how you feel, or ask for clarification.

1	Before now, have you ever been asked to enter an offence-related group programme?	Yes	No
2	Have you ever participated in an offence-related group programme in prison?	Yes	No
3	Are you currently in prison for a crime you did not commit?	Yes	No
4	Have you participated in an offence-related group before but found it to be a waste of time?	Yes	No
5	Do your family/friends believe you are innocent of the crime you are doing time for?	Yes	No
6	Have you been given enough information about the offence-related group programme to be able to make a decision about participating?	Yes	No
7	Would you enter an offence-related group programme to avoid being transferred to another prison?	Yes	No
8	Would you enter an offence-related group programme only if it would help you get earlier parole?	Yes	No
9	Would you only enter an offence-related group programme if you were assured that you would have community support following your release?	Yes	No
10	Would you enter an offence-related group programme if you thought you would get a single cell?	Yes	No

		Completely False	Somewhat False	Neither True nor False	Somewhat True	Completely True
1	I have had bad experiences with professionals.	1	2	3	4	5
2	Offence-related group programmes in prisons are a waste of taxpayers' money.	1	2	3	4	5
3	I am concerned that taking part in an offence-related group would make me feel worse about myself.	1	2	3	4	5
4	Staff members in prison don't believe that offence-related group programmes work.	1	2	3	4	5
5	There are many people in prison who will take advantage of, or bully, other inmates.	1	2	3	4	5
6	I am looked up to by other inmates.	1	2	3	4	5
7	I would be more interested in offence-related groups if they were aimed at helping me to have a better life.	1	2	3	4	5
8	I feel like people put a lot of pressure on me to enter offence-related group programmes.	1	2	3	4	5
9	I have no problems that need to be dealt with in an offence-related group programme.	1	2	3	4	5
10	I spend a lot of time thinking about the future (e.g., what I will do when I get out).	1	2	3	4	5
11	Programme providers don't understand me or my life.	1	2	3	4	5
12	My family and friends would want me to take part in an offence-related group programme.	1	2	3	4	5
13	It takes a lot of willpower to benefit from an offence-related group.	1	2	3	4	5
14	Programme providers don't really care about group members.	1	2	3	4	5
15	Offence-related groups in prison do not work.	1	2	3	4	5

		Completely False	Somewhat False	Neither True nor False	Somewhat True	Completely True
16	The past is the past, it is better to try and forget it.	1	2	3	4	5
17	I have heard staff say negative things about offence-related group programmes.	1	2	3	4	5
18	Since I have been in prison I have had experiences that have made me feel unsafe.	1	2	3	4	5
19	Taking part in a treatment programme would/does make life more difficult for me.	1	2	3	4	5
20	I don't want to be in an offence-related group where we keep talking about the past.	1	2	3	4	5
21	If offence-related programmes are so good for me why do people keep trying to force me to do them?	1	2	3	4	5
22	I have some problems in my life but the offence-related group programmes will not be able to help me with them.	1	2	3	4	5
23	I only need to focus on how to get through my time in prison.	1	2	3	4	5
24	Prison programmes don't address the issues that will actually help me.	1	2	3	4	5
25	If the offence-related group programmes didn't take so long I would be more interested.	1	2	3	4	5
26	It takes a lot of sacrifice to make changes to your life.	1	2	3	4	5
27	I find it hard to trust people who work for the system.	1	2	3	4	5
28	I have seen other men who were in offence-related group programmes get worse.	1	2	3	4	5
29	If someone explained the possible side-effects of being in an offence-related group, I might be more interested	1	2	3	4	5
30	The benefits of participating in offence-related groups have been explained to me.	1	2	3	4	5
31	People taking part in offence-related groups are easy targets for other inmates.	1	2	3	4	5
32	I can think of a number of problems I would like to address in an offence-related group.	1	2	3	4	5
33	I would enter an offence-related group that didn't just focus on offences.	1	2	3	4	5
34	When it comes to participating in offence-related group programmes, I don't feel like I am given a choice.	1	2	3	4	5
35	People in offence-related group programmes get a hard time from other inmates.	1	2	3	4	5
36	One-to-one counselling is better than a group programme	1	2	3	4	5
37	I have had no contact with programme providers.	1	2	3	4	5
38	Treatment is only offered in prisons to make the public feel like the prison service is doing something.	1	2	3	4	5
39	My reputation is very important to me.	1	2	3	4	5
40	I keep telling people that I don't want to take part in an offence-related group programme but no one listens.	1	2	3	4	5

This is the end of the survey. Please feel free to add any further comments below that you think are relevant to treatment programmes in prisons. Thank you again very much for completing the survey.

(please turn over the page if you need more room)